



Through all stages of this journey we want to support you & your family!

*Before*  
*During*  
*After*



DON'T WAIT



SCHEDULE YOUR APPOINTMENT TODAY!

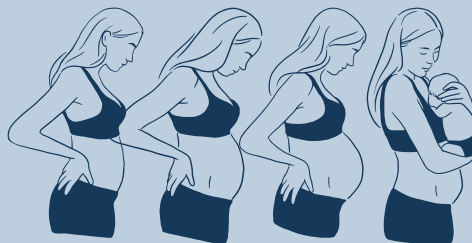
## CONTACT US

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 [www.startcorp.org](http://www.startcorp.org)

 Start Community Health Center  
235 Civic Center Blvd.  
Houma, LA 70360



More information can be found at:  
<https://www.nationalhealthystart.org/>

# Healthy Start



Now Providing

- Perinatal Care
- Women's Health
- Much more!



**START**  
CORP.  
"CREATING OPPORTUNITIES"





# Healthy Start

A stylized silhouette of a pregnant woman, positioned to the right of the 'Healthy Start' text.

## PROGRAM GOALS

- Improve health outcomes before, during, and after pregnancy
- Reduce racial/ethnic differences in rates of infant death and adverse perinatal outcomes
- To support the entire family. This includes mothers, fathers, partners, siblings and children under the age of 18 months.
- Serving Region 3: Terrebonne, Lafourche, St. Mary, St. John, St. Charles, St. James and Assumption parishes.

### Case Management/ Care Coordination

- Family centered and strength-based
- We will collaborate with your current OB-GYN or provider to provide seamless care

### Group-Based Health and Parenting Education

- Robust learning and supportive connections including individual counseling, parenting classes and fatherhood navigation



### Clinical Services

- Primary Care, Behavioral Health, Substance Use Treatment and Home Care are provided

**NOW ACCEPTING NEW PATIENTS!  
FREE PROGRAM!**

Funded by:  **HRSA**  
Maternal & Child Health

## WHO DO WE SERVICE?

**We provide a wide-range of services for individuals and families throughout different stages of this journey.**

- ✓ Contraception
- ✓ Pregnancy Tests
- ✓ Breastfeeding Ed.
- ✓ Support Groups
- ✓ Postpartum Care
- ✓ Dietary Counseling
- ✓ Parenting Classes
- ✓ Doula Support
- ✓ Fatherhood Navigation
- ✓ Maternal Mental Health Services