SERVING THE COMMUNITY SINCE 1984.



"CREATING OPPORTUNITIES"

Our Mission is to promote opportunities, which enhance the self-sufficiency of people to empower them to live and function independently.

CONTACT US:

www.startcorp.org (985) 266-1028

235 Civic Center Blvd. Houma, LA 70360

Youth & Family Referrals can be emailed to:
Houmareferrals@startcorp.org

START CORP. "CREATING OPPORTUNITIES"

START CORP.

YOUTH & FAMILY SERVICES

YOUTH SERVICES

PATHWAYS & FOOTPRINTS

Services for juveniles charged with a sex offense or inappropriate sexual behaviors

INDIVIDUAL COUNSELING

One-on-one counseling sessions provided in an office or clinic setting. After hours appointments available.

TRAUMA-FOCUSED THERAPY

Services for youth that have experienced trauma.

EYE MOVEMENT DESENSITATION & REPROCESSING (EMDR) THERAPY

Processing therapy for youth that have experienced trauma or distressing life experiences.

PRESCHOOL PTSD TREATMENT (PPT) AND YOUTH PTSD TREATMENT (YPT)

Services for youth with PTSD diagnosis that provides psychoeducation, behavior plan, emotion identification and coping skills.

EVIDENCE BASED PRACTICE

FUNCTIONAL FAMILY THERAPY (FFT)

Youth and family therapy provided in the home. This service is available to people with youth ages 11-17

FUNCTIONAL FAMILY THERAPY CHILD WELFARE (FFT-CW)

Youth and family therapy provided in the home. The goal is to prevent out of home placement. This service is available to people with youth ages birth through 17.

FUNCTIONAL FAMILY THERAPY EARLY INTERVENTION (FFT-EI)

Youth and family therapy provided in the home. This service is available to people with youth ages 6-10.

HOMEBUILDERS FAMILY PRESERVATION

In-home intensive services to prevent foster care placement, hospitalization, or detention. This evidence-based practice is available from birth through 17 years old.

MULTISYSTEMIC THERAPY

The goal of MST is to reduce youth criminal activity, substance abuse and antisocial behavior through an integrative, cost-effective, family-based treatment. Ages 12-17.



GROUP OPTIONS

ADOLESCENT SUBSTANCE ABUSE PROGRAM

A 13-week intensive program for adolescents ages 13-17 who are struggling with substance use or abuse.

NURTURING PARENTING

A 16 session parenting program designed for all caregivers, including those facing DCFS and/or OJJ involvement. Group sessions focus on providing support and teaching effective parenting skills to help build stronger, happier families.

TRACK TO RECOVERY

An 18 session substance use program offered in a men's group and women's group for parents and adults facing substance use concerns, including DCFS and court involvement. Group sessions focus on identifying triggers, enhancing sobriety skills and goal setting.

GRIEF WORK: HEALING FROM LOSS

A 7 session, interactive program that provides support and interventions through the stages of grief. Group sessions focus on the emotions that come with grief, self-care, building relationships, working through special days and creating the new normal.