

# Footprints & Pathways

- Footprints and Pathways are evidence-based models used to work with youth that engage in inappropriate sexual behaviors including, but not limited to arrest, charges and/or court involvement due to sexual behaviors.
- The models focus on increasing knowledge and skills surrounding informed consent, boundaries, empathy, decision-making, coping skills, healthy expression and accountability. Footprints and Pathways consist of weekly or bi-weekly sessions in office for 6-18 months to complete the program depending on the referring behavior.
- Footprints: Ages 8-11 or of lower maturity and/or cognitive functioning
- Pathways: Ages 12-18

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